

**MAINE TREATMENT COURT**  
**PROHIBITED SUBSTANCES AGREEMENT**

All positive alcohol and/or drug tests are considered a violation of program rules. I agree to refrain from using the following foods or products that may potentially affect with the Maine Treatment Court testing procedures. I understand that I am responsible for what I put into my body and that failure to abide by this policy may result in sanctions.

Poppy Seeds: Poppy seeds are in the opioid family and may interact with urine drug testing. I agree not to consume this item or other foods/ingestible products that contain this item.

Diet Pills: Many appetite suppressants, weight loss medications, and supplements contain amphetamines or amphetamine-based substances that may interact with drug testing. I agree to refrain from unapproved use of any appetite suppressant, weight loss medications, and supplements.

Allergy or Cold Medications: Many over the counter and prescribed allergy or cold medications contain substances in the opioid family and amphetamine family and may interact with urine drug testing. I agree to refrain from unapproved use of any allergy or cold medication.

Cough Syrups and other Liquid Medications: I am aware that liquid cough syrup brands and numerous other liquid medications contain alcohol and may contain substances in the amphetamine family. I will read product labels carefully and get permission before using. I am aware that there are non-alcohol cough and cold remedies readily available at most pharmacies and major retail stores.

Non-Alcoholic Beer and Wine: Although legally considered non-alcoholic, I acknowledge that non-alcoholic beers such as O'Doul's or Sharps do contain a residual amount of alcohol and I will refrain from using them.

Food and Other Ingestible Products: I know that there are numerous other consumable products that contain alcohol that could result in a positive test result. I agree to read the labels carefully and avoid using any products that contain alcohol.

Hand Sanitizers and Hygiene Products: Hand sanitizers and other antiseptic gels and foams used to disinfect hands contain alcohol. I understand that excessive, unnecessary, or repeated use of these products cannot be claimed as an excuse for a positive urine test. I understand that use of these products may interfere with a SCRAM alcohol monitoring device. I agree to avoid using these products, including aftershaves, colognes, hairsprays, mousses, astringents, and insecticides that contain alcohol.

Legal Substances/Medications: I understand that just because a substance can be purchased, consumed, or used legally, such as alcohol, marijuana, cbd, kratom, synthetic or designer drugs, or narcotic medications, I am prohibited from possessing, ingesting, or using such substances while participating in a Maine Treatment Court.

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Participant Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Participant Attorney

\_\_\_\_\_  
Date